



Basic Simple Sugars

1. Dextrose
2. Fructose
3. Galactose
4. Glucose
5. Lactose
6. Maltose
7. Sucrose

Solid or Granulated Sugars

8. Beet sugar
9. Brown sugar
10. Cane juice crystals
11. Cane sugar
12. Castor sugar
13. Coconut sugar
14. Confectioner's sugar
(aka, powdered sugar)
15. Corn syrup solids
16. Crystalline fructose
17. Date sugar
18. Demerara sugar
19. Dextrin
20. Diastatic malt

21. Ethyl maltol
22. Florida crystals
23. Golden sugar
24. Glucose syrup solids
25. Grape sugar
26. Icing sugar
27. Maltodextrin
28. Muscovado sugar
29. Panela sugar
30. Raw sugar
31. Sugar (granulated or table)
32. Sucanat
33. Turbinado sugar
34. Yellow sugar

Liquid or Syrup Sugars

35. Agave Nectar/Syrup
36. Barley malt
37. Blackstrap molasses
38. Brown rice syrup
39. Buttered
sugar/buttercream
40. Caramel
41. Carob syrup

42. Corn syrup
43. Evaporated cane juice
44. Fruit juice
45. Fruit juice concentrate
46. Golden syrup
47. High-Fructose Corn
Syrup (HFCS)
48. Honey
49. Invert sugar
50. Malt syrup
51. Maple syrup
52. Molasses
53. Rice syrup
54. Refiner's syrup
55. Sorghum syrup
56. Treacle

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